



ST ALBANS SCHOOL
Te Kura o Hato Opani. est 1873

Phone: 355 9132 #0
Absences: 027 750 3559 (text only)
office@stalbans.school.nz
www.stalbans.school.nz

29 July 2021

Kia ora whānau,

A warm welcome back to Term 3. We trust you are all feeling refreshed and have enjoyed a little extra time with your tamariki over the break. On Monday we welcomed our new families to St Albans at our mihi whakatau. We look forward to supporting you and your child through their learning journey.

The message to all our tamariki this term is to act and think like an Olympian! We discussed the Olympic motto: Citius, Altius, Fortius which means Faster - Higher - Stronger. We also learnt that the Olympics have values that the athletes all follow just like we do at St Albans: excellence, friendship and respect are just some of these. So, this term we will think and act like an Olympian, we will...

- Aim for **excellence**
- Be a great **friend**
- Be **respectful**
- Think **FAST**
- Aim **HIGH**
- Be **STRONG** in being the very best version of you possible!

We have an action packed term ahead. Remember to check the Community Calendar for upcoming events. Some important dates to pop on your calendar now:

- Week 2:** North Zone Winter Sport Tournament - Wednesday 4th August at Hagley Park 9am to 12.30pm - children competing need to be at school at 8am.
- Week 4:** Cultural Awareness Week: More information further on in the newsletter
- Week 5:** St Albans Quiz night Friday 27th August. Thank you to those that have purchased tickets - this event is sold out!
- Week 5:** ESOL Evening – involving children and whānau with English as a second language 5.30 - 7pm Wednesday 25th August.
- Week 7:** Teacher only day Friday 10th September: Our staff will be involved in a full day of professional development. School will be closed on this day to students.



Mrs Ross is this week's 'Good Sort.' Did you know that Mrs Ross has worked at St Albans for 27 years - wow! Mrs Ross works tirelessly to help our staff, our students and our community whānau, and always with a smile. This week our school photographer told us Mrs Ross is his favourite school secretary in the whole of the South Island! We are so lucky to have Mrs Ross work with us at St Albans and appreciate all the amazing work and support she does for our school.

*Hutia te rito o te harakeke, kei hea te kōmako e kō?
If you pull out the centre shoot of the flax plant, where will the bellbird sing?*

Sushi Monday: Wow, orders this week surpassed our expectations! Remember that you can order your Sushi Monday, Subway Wednesday and Sausage Sizzle Friday anytime at your convenience with ezlunch/Kindo. You can even order ahead for the rest of the term.

Celebrating World Scout Scarf Day: Next Monday members are encouraged to wear their scarf to school to celebrate and raise awareness.

Policy Review: You may recall that the St Albans School Board of Trustees works on a subscription basis with SchoolDocs to maintain, update, and review our policies. SchoolDocs provides us with a comprehensive core set of policies which have been well researched and follow the Ministry of Education National Administration Guidelines. The policies and procedures are tailored to our school, and the school supplies specific information such as our charter, and procedures for behaviour management, reporting to parents, etc. Policies are monitored by SchoolDocs and updated, modified, or created in response to changes in legislation, significant events, Ministry guidelines, reviews or requests from schools, and regular reviewing from the SchoolDocs team. Our Board of Trustees has the opportunity to view changes and additions and comment on them before they are implemented.

Currently our **Concerns/Complaints and Behaviour Management** policies are up for review. The School Management and Board welcome your feedback on this. Follow the steps below:

1. Visit the website <https://www.stalbans.school.nz/school-policies-and-procedures/>
2. Enter the user name **stalbans** and password **learning**
3. Follow the link to the relevant policy as listed.
4. Read the policy.
5. Click the Policy Review button at the right hand top corner of the page.
6. Select the reviewer type "Parent".
7. Enter your name (optional).
8. Submit your ratings and comments.

If you don't have internet access, school office staff can easily provide you with printed copies of the policy and the review form.

Staff Wellbeing: It is important that we look after our hard working staff. Our teachers spend many hours outside the classroom preparing lessons, marking work and completing assessments to ensure your child is engaged and challenged in their learning. They have families to support also. You can help us to ensure our teachers have a healthy work life balance by NOT emailing them in the evenings or at weekends. You can always write an email and use 'schedule send' so that your teacher receives the email within the working day. We thank you for considering our teachers' wellbeing.

We look forward to working alongside you to support your child's learning.

Ngā mihi,

Glen and Jo on behalf of our team

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Out of School Activities and Achievements

Jacob L (Kāhu 16) took part in the National Karate Champs in Auckland over the school holidays. With him is his coach, Ella, who is in the NZ squad and another member of his club. Out of 27 competitors, Jacob came third! When you see him, ask for some more details about this outstanding result.



SCHOOL NOTICES

Cultural Awareness Week – 16th to 20th August - This is a fun filled week celebrating the different cultures within our school community. We would love your or your whanau's support. If you:

- speak another language,
- can teach or show us a dance e.g. an Irish jig,
- share your cultural food or help us make something yummy,
- teach us some art form e.g. mehndi
- or share anything from your culture,

We would be thrilled to have you come into our spaces. Please let your home base teacher know or contact the ESOL coordinators: julie.baker@stalbans.school.nz or June june.thompson@stalbans.school.nz

On Friday 20th August the whole school will be dressing in clothes that represents their culture for our final parade. So please talk over with your child what they will wear on this day. Any questions please ask your home base teacher or June or Julie.

Scholastic Books – Orders close Monday 9th August. Order online using the LOOP system at Scholastic or pay by cash or eftpos at the office.

Mana Ake Drop-In Sessions – Mana Ake provides support to children in Canterbury in Yr 1 to 8 at school, promoting wellbeing and positive mental health. They can support children at school and at home and provide advice, guidance and workshops for parents, whānau and teachers. We will be having two Mana Ake drop-in sessions:

- Wednesday 11th August - 2.30 – 4pm
- Wednesday 8th September - 2.30 - 4pm

Please book at the office.

Yr 5/6 Friday Weekly Winter Sport - Football, Hockey, Netball, Rippa, Tackle Tens - We have four more rounds of Friday weekly sport recommencing tomorrow. Please see the Sports blog at <https://sites.google.com/stalbans.school.nz/st-albans-sport-blog/home> for updated draws for this term. There have been some changes made to some grades as Primary Sports Canterbury had a bit of a re-jig during the holidays to try and make the grades more even. Click on each page from the sports blog and scroll down to this week's draw.

PTA NEWS

- **Oak Leaf Café** – Wednesday to Friday 8.30am – 9am
- **Second-hand Uniforms** are on sale in the Oak Leaf Café during opening hours

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Postponed North Zone Winter Tournament – now on Wednesday 4th August from 9am – 12pm. For children involved we will be travelling by bus, leaving school at **8.15am** and returning by **12.30pm**. Children will need to arrive at school **by 8am** on the day wearing **their sports uniform**, with all of their gear including mouthguards (rugby and hockey) and shin pads (football and hockey), a water bottle, their lunch and plenty of warm clothing (thermals and a warm waterproof jacket). If grounds are wet children are advised to put their school uniform in their bags to wear once they arrive back at school for the afternoon, especially rugby and football players.

The location remains the same; Rugby and Netball are being played at South Hagley, Football is being played at Carlton Corner, North Hagley and Hockey at Hospital Corner, South Hagley. Family and friends are welcome to come along and watch the games on the day. Please check the Sport Blog for updated team draws and the location of each game. Please note all games are now starting one hour earlier. **Important Note: With the changing date; we now require more parent helpers to help with Football, Hockey and Netball. Please email sport@stalbens.school.nz if you are able to help out on the day.**

Tuning in to Kids

Emotionally Intelligent Parenting

A six-session programme for parents/caregivers of children aged 4-12 years

Tuning in to Kids is an evidence-based programme designed to teach parents & caregivers:

- awareness and regulation of their own emotions;
- awareness of their children's emotions;
- to use children's emotional experiences as an opportunity for closeness and teaching;
- skills in assisting children to verbally label and manage their emotions;
- skills in assisting children to problem solve;
- to guide children's behaviour with appropriate limits.

Sessions include:

- watching video material
- group discussions and exercises
- role plays
- home activities to practice different ways of responding to your child's emotions
- Parents are encouraged to share experiences and ideas within the group.



When: On a Thursday from 6pm-8pm (6 weeks total)

Dates: 5 August- 9 September

Location: Barnardos. 64 Langdons Road, Papanui



This course is free to attend, you **must** attend all 6 sessions. For further information and to book your space please email Paige. Paige.lenton@barnardos.org.nz

SEASONS FOR GROWTH

Seasons for Growth is an evidence-based group programme for children. It draws on the metaphor of the seasons to support children to understand their experience of grief, loss and change. It aims to build the knowledge and skills necessary to strengthen social and emotional wellbeing following significant life events.

This programme is suitable for children who are finding it hard to adapt to the change and loss from:

- death of a loved one*
- the impact of illness
- family transitions (e.g. parental separation)
- moving to a new place or school
- important people moving away

*It is recommended that anyone affected by bereavement waits 6-12 months before attending the programme.

We are hoping to run a group afterschool during Term 3 2021 with students from schools in the St Albans/ Papanui/ Merivale area. The group runs for 8 weeks, with each session lasting an hour. The details around location, day and dates are yet to be determined. The students we are seeking for this group are aged between 8-10 years old.

If you would like further information about the group or to register interest for your child to attend please contact: cathy.robson@barnardos.org.nz

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